# **Northwest Regional Council - Regular Meeting**

1:00 P.M. July 18, 2019

**Skagit County Commissioners Office,** 1800 Continental Place, Mount Vernon **Commissioners Hearing Room** 360-416-1300

### **AGENDA**

**Action Required** Agenda Topic **Pages** 

- 1. Call to Order
- 2. Public Comment

### 3. Consent Agenda

All matters listed with the Consent Agenda have been distributed to each Council Member for reading and study, are considered to be routine, and will be enacted by one motion of the Northwest Regional Council with no separate discussion. If separate discussion is desired, that item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Council Member.

# Consent Agenda:

Concont Agonaa.		
a) Approval of the Minutes, Regular Meeting April 18, 2019		
and Public Meeting April 26, 2019	1 - 4	Motion to Approve
b) Approval of March, April and May 2019 Voucher Listings	5 - 49	Motion to Approve
c) 2019 Budget to Actual Report (January thru May)	50 - 57	Motion to Approve
d) Routine Contracts and Amendments	58 - 60	Motion to Approve
e) Cancellation of Warrants, Resolution #19-01	61	Motion to Approve
f) Fund Balance Transfers	62 - 63	Motion to Approve
Regular Agenda		
a) 2019 Supplemental Budget, Resolution #19 - 02	64 - 84	Motion to Approve
b) 2020-2023 Strategic Plan Update and Tentative		
Discretionary Funding Allocations for 2020	Handout	Motion to Approve
c) County Contribution Request for 2020	85 - 89	Motion to Approve

Information

Motion to Approve

Verbal

Verbal

#### 4. Other Issues

4.

 County Information Sharing Verbal Information

#### 6. Announcements

d) Legislative and Agency Updates

e) Nomination of Officers

## 7. Adjournment

#### **Future NWRC Meetings**

Skagit County Commissioners Office, Mt. Vernon, WA Dec. 05

For more complete information, please contact the NWRC office at (360) 676-6749 or 1-800-585-6749, 600 Lakeway Drive, Suite 100, Bellingham, WA 98225. Anyone needing special accommodations to participate in the meeting should contact the Northwest Regional Council by 5:00 P.M. 48 hours in advance of the scheduled meeting.

# MINUTES OF THE NORTHWEST REGIONAL COUNCIL

# April 18, 2019 Skagit County Commissioners Hearing Room, Mount Vernon

**COUNCIL:** Island County Commissioners, Helen Price Johnson and Jill Johnson;

San Juan County Councilmembers, Jamie Stephens and Rick Hughes; Skagit County Commissioners, Lisa Janicki and Ron Wesen; Whatcom

County Councilmember, Carol Frazey

**STAFF:** Aly Horry, Amanda McDade, Cindy Madigan, Dan Murphy, Elizabeth

Anderson, Kristine Glasgow, Pat Elwell

**PUBLIC:** Barbara Pesola, NWSSB Chair

The meeting was called to order at 10:00AM.

**Public Comment:** There was no public comment.

Consent Agenda: Motion was made by Island County Commissioner Helen Price Johnson and seconded by San Juan County Councilmember Rick Hughes to approve the Consent Agenda (items a through e): Minutes of the December 6, 2018 Regular Meeting; November 2018 Voucher Listings Nos. 62901 through 63113 in the amount of \$1,423,970.87; December 2018 Voucher Listings Nos 63114 through 63425 in the amount of \$1,645,709.91; January 2019 Voucher Listings Nos 63426 through 63618 in the amount of \$1,196,412.68; February 2019 Voucher Listings Nos 63619 through 63836 in the amount of \$1,615,915.54; the January to December 2018 Budget to Actual Report and; Routine Contracts and Amendments. The Motion passed unanimously.

## Regular Agenda

<u>Legislative and Agency Updates</u> – Dan Murphy, NWRC Executive Director, presented an agency update as well as a legislative update related to long term services and supports budget requests; Powerpoint presentation handouts were distributed. Discussion followed.

The Long-Term Care Trust Act, HB1087 was described, including how it would be funded, the approved services, the establishment of a Trust Commission, and whom it would help. Discussion followed. The importance of letting the public know that these funds are minimal in relation to actual total cost of long-term care insurance was noted.

<u>2018 Annual Financial Audit</u> - The Exit Interview is scheduled for Friday, April 26 at 1PM at the NWRC office in Bellingham. A call-in option will be available. There are no

findings. Several board members indicated they will be calling in and requested this activity be posted as a public meeting.

<u>Use of Funding from Accountable Community of Health</u> – The Executive Director requested to continue pursuing partnerships with local hospitals to establish care coordination when discharging seniors and people with disabilities into stable, community-based living situations. Discussion followed. Members expressed concern that this program assist the whole region.

Motion was made by San Juan County Councilmember Rick Hughes and seconded by Skagit County Commissioner Lisa Janicki that the Northwest Regional Council authorizes use of up to \$130,000 in resources from the North Sound Accountable Community of Health to develop partnerships with local hospitals to improve ability to discharge seniors and people with disabilities into stable, community-based living situations. The Motion carried unanimously.

Skagit County Commissioner Ron Wesen excused himself to attend to another matter.

<u>Whatcom County Jail Health Bid</u> – The history of NWRC's relationship with the Whatcom County Jail Health Clinic was described. The current contract runs through the end of 2019. The Executive Director requested to respond to the county's procurement process to continue to provide services for the period 2020 through 2024. Discussion followed.

Motion was made by Island County Commissioner Helen Price-Johnson and seconded by Skagit County Commissioner Lisa Janicki that the Northwest Regional Council authorizes staff to respond to the next Whatcom County's solicitation of proposals to provide health services in the Whatcom County jail. The Motion passed unanimously.

<u>Strategic Plan Outline</u> - The Executive Director reviewed the purpose of the four-year strategic plan, issue areas and provided the preliminary results from the Issue Area 4 – Transportation brainstorming process. Powerpoint presentation handouts and an updated "NWRC Strategic Plan 2020-2023 Issue Areas – Draft" were distributed. A lengthy discussion followed.

Motion was made by San Juan County Councilmember, Rick Hughes and seconded by Whatcom County Councilmember Carol Frazey that the Northwest Regional Council authorizes staff to proceed with development of the 2020-2023 Strategic Plan, with focus on the following areas:

- 1. Building Long-Term Services and Supports to meet Complex Needs
- 2. Providing Information and Access
- 3. Supporting Family Caregivers and People Impacted by Dementia
- 4. Transportation
- 5. Coordination with Tribes

## The Motion passed unanimously.

The Executive Director distributed and reviewed "NWRC 2017-2019 Funding Growth and Four-year Prognosis" which included information on NWRC Senior Specific Funding. Discussion followed.

#### Other Issues

<u>County Information Sharing</u> – Board members shared highlights of activities of import occurring within their community.

#### **Announcements**

There were no announcements.

# **Adjournment**

There being no further business, the meeting adjourned at 11:50 a.m.

Prepared and submitted by:	
Patricia F. Elwell, HR/Office Manager	

# MINUTES OF THE NORTHWEST REGIONAL COUNCIL

# April 26, 2019 Northwest Regional Council Conference Room, Bellingham

COUNCIL: Sa	n Juan County	Councilmembers,	Jamie Stephens	(telephonic)
-------------	---------------	-----------------	----------------	--------------

**STAFF:** Cindy Madigan, Holly Fletcher-Love

**PUBLIC:** WA State Auditors, Elizabeth Corcoran, Richele Young (telephonic)

The meeting was called to order at 1:00PM.

Public Comment: There was no public comment.

## Agenda

<u>Audit Exit Interview</u> – WA State Auditors, Elizabeth Corcoran and Richele Young presented the Accountability Audit Report for the Northwest Regional Council for the period January 1 2016 through December 31, 2018 and the Financial Statement and Federal Single Audit Report for the period January 1, 2018 through December 31, 2018.

There were no findings.

# **Adjournment**

There being no further business, the meeting adjourned at 1:20PM.

Prepared and submitted by:	
Cindy Madigan Fiscal Manager	

TO: Northwest Regional Council

FROM: Dan Murphy, Executive Director

DATE: July 11, 2019

SUBJECT: January-May, 2019 Budget to Actual Report

We are pleased to present you with the Budget to Actual Reports for the period January – May 2019. At 42% of the year, we earned 41% of projected revenues and expenditures are at 40% of projections.

Please let me know if you have questions.

Proposed Motion: The Northwest Regional Council approves the January-May, 2019 Budget to Actual Report.

	NORTHWEST REGIONAL COUNCIL		TOTAL	
	BUDGET TO ACTUAL REPORT		% of Year	42%
	JANUARY - MAY 2019	Budget	Actual	% of Budget
Fundi	ng			
1	DSHS - ALTSA - TXIX Medicaid	3,772,651	1,673,932	44%
2	DSHS - ALTSA - All Other	4,802,411	1,853,051	39%
3	Health Care Authority	6,826,155	2,782,839	41%
4	Local Funds	119,628	62,279	52%
5	Other Contracted	2,484,619	1,060,111	43%
Subto	otal Current Year Funding	18,005,464	7,432,212	41%
6	Fund Balance Reserves	255,657	145,176	
Subto	otal Funding (including reserves)	18,261,121	7,577,388	41%
Opera	ating Expenditures			
7	Salaries & Wages	6,240,446	2,461,947	39%
8	Taxes & Benefits	3,149,610	1,126,174	36%
	Personnel	9,390,056	3,588,121	38%
9	Office/Operating Supplies	52,450	29,486	56%
10	Small Tools/Capital Equipment		37,840	98%
11	Professional Services	38,650 342.648		46%
12	Communication	,,	158,262	40%
13	Travel	105,007	42,970	
14	Occupancy / Insurance	232,501	75,556	32%
15	Tenant Improvements, Furniture, Move	477,210	222,518	47%
16	Miscellaneous	150,000	145,176	97%
		151,936	46,887	31%
	Operating Expenditures	1,550,402	758,695	49%
ıotaı	Direct Service and Administration	10,940,458	4,346,816	40%
Subc	ontractor Expenditures			
17	I&A/Case Management/FCSP			
18	ISR/Island County	602,096	266,434	44%
19	San Juan County Senior Services	192,395	66,924	35%
20	Legal Services	54,072	22,660	42%
21	Nutrition	. , .	,	
22	ISR/Island County	253,720	107,207	42%
23	Skagit County	345,767	158,105	46%
24	Whatcom/San Juan Counties	598,851	238,229	40%
25	Disaster Relief	1	-	0%
26	Volunteer Services			0,0
27	ISR/Island County	31,829	20,332	64%
28	SCCAA/ Skagit County	35,484	14,927	42%
29	Opportunity Council	41,951	19,208	46%
30	Long Term Care Ombudsman Program	3,959	10,200	0%
31	Medicaid Transportation Brokerage	3,000,000	1,190,254	40%
32	Family Caregiver Support Project & Respite Services	407,284	167,109	41%
33	Dementia Partnerships Project		18,305	28%
34	Kinship Caregivers Support Program/Kinship Navigator	64,385	38,526	34%
35	Caregiver Training/Agency Workers Health Insurance	112,603		
36		244,700	116,459	48%
	Chronic Disease Self Management Program  Health Homes	44,416	6,000	14%
37 Total		1,256,430	548,079	44%
	Subcontractor Expenditures	7,289,943	2,998,758	41%
38	Total Expenditures  Difference Between Revenue and Expenditures	18,230,401	7,345,574	40%

	NORTHWEST REGIONAL COUNCIL	Community Programs		ns
	BUDGET TO ACTUAL REPORT	% of Year		42%
	JANUARY - MAY 2019	Budget	Actual	% of Budget
Fundi	ing			
1	DSHS - ALTSA - TXIX Medicaid	142,000	37,805	27%
2	DSHS - ALTSA - All Other	2,440,078	889,747	36%
3	Health Care Authority			
4	Local Funds			
5	Other Contracted	80,906	52,927	65%
Subto	otal Current Year Funding	2,662,984	980,479	37%
6	Fund Balance Reserves	-	-	
Subto	otal Funding (including reserves)	2,662,984	980,479	37%
Opera	ating Expenditures			
7	Salaries & Wages	990,267	363,538	37%
8	Taxes & Benefits	522,792	167,836	32%
Total	Personnel	1,513,059	531,374	35%
9	Office/Operating Supplies	7,552	3,441	46%
10	Small Tools/Capital Equipment	5,414	16,329	302%
11	Professional Services	4,568	1,131	25%
12	Communication	21,276	8,461	40%
13	Travel	32,522	11,396	35%
14	Occupancy / Insurance	100,977	38,494	38%
15	Tenant Improvements, Furniture, Move	-		
16	Miscellaneous	26,238	11,036	42%
Total	Operating Expenditures	198,547	90,288	45%
Total	Direct Service and Administration	1,711,606	621,662	36%
Subc	ontractor Expenditures			
17	I&A/Case Management/FCSP			
18	ISR/Island County	207.244	124 124	470/
19	San Juan County Senior Services	287,314	134,434	47%
20	Legal Services	192,395	66,924	35%
21	Nutrition			
22	ISR/Island County			
23	Skagit County			
24	Whatcom/San Juan Counties			
25				
26	Volunteer Services			
27	ISR/Island County			
28	SCCAA/ Skagit County			
29	Opportunity Council			
30	Long Term Care Ombudsman Program			
31	Medicaid Transportation Brokerage			
32		407 204	167 100	41%
33		407,284 64,385	167,109 18,305	28%
34		04,363	10,303	2070
35				
36				
37	i i			
	Subcontractor Expenditures	951,378	386,772	41%
Total	Oubcontractor Experiorures	301,370	300,112	41%
Total 38	Total Expenditures	2,662,984	1,008,434	38%

	NORTHWEST REGIONAL COUNCIL	C	t	
	BUDGET TO ACTUAL REPORT		% of Year	42%
	JANUARY - MAY 2019	Budget	Actual	% of Budget
Fundi	ing			
1	DSHS - ALTSA - TXIX Medicaid	3,252,544	1,477,522	45%
2	DSHS - ALTSA - All Other	110,492	17,479	16%
3	Health Care Authority	1,552,185	606,166	39%
4	Local Funds			
5	Other Contracted	660,375	247,667	38%
Subto	otal Current Year Funding	5,575,596	2,348,834	42%
6	Fund Balance Reserves	-	-	
Subto	otal Funding (including reserves)	5,575,596	2,348,834	42%
Onera	ating Expenditures			
7	Salaries & Wages	3,041,738	1,201,358	39%
8	Taxes & Benefits			
-	Personnel	1,527,036	543,499	36%
		4,568,774	1,744,857	38%
9	Office/Operating Supplies	22,627	14,244	63%
10	Small Tools/Capital Equipment	21,951	15,526	71%
11	Professional Services	110,255	70,599	64%
12	Communication	55,289	23,343	42%
13	Travel	141,174	49,293	35%
14	Occupancy / Insurance	284,185	130,346	46%
15	Tenant Improvements, Furniture, Move	-	-	
16	Miscellaneous	55,302	18,246	33%
	Operating Expenditures	690,783	321,597	47%
Total	Direct Service and Administration	5,259,557	2,066,454	39%
Subc	ontractor Expenditures			
17	I&A/Case Management/FCSP			
18	ISR/Island County	314,782	132,000	42%
19	San Juan County Senior Services	314,702	132,000	42 /0
20	Legal Services			
21	Nutrition			
22	ISR/Island County			
23	Skagit County			
24	Whatcom/San Juan Counties			
25				
26	Volunteer Services			
27	ISR/Island County			
28	SCCAA/ Skagit County			
29	Opportunity Council			
30	Long Term Care Ombudsman Program			
31	Medicaid Transportation Brokerage			
32	Family Caregiver Support Project & Respite Services			
33	Dementia Partnerships Project			
34	Kinship Caregivers Support Program/Kinship Navigator			
35	Caregiver Training/Agency Workers Health Insurance			
36	Chronic Disease Self Management Program			
37				
Total	Subcontractor Expenditures	314,782	132,000	42%
38	Total Expenditures	5,574,339	2,198,454	39%
39	Difference Between Revenue and Expenditures	1,257	150,380	

	NORTHWEST REGIONAL COUNCIL	Planning & Contracting		ing
	BUDGET TO ACTUAL REPORT		% of Year	42%
	JANUARY - MAY 2019	Budget	Actual	% of Budget
Fundi	-			
1	20110 7121071 171171 1110410414	378,107	158,605	42%
2	DSHS - ALTSA - All Other	2,251,841	945,825	42%
3	Health Care Authority	1,361,970	598,992	44%
4	Local Funds			
5	Other Contracted	60,000	22,594	38%
Subto	tal Current Year Funding	4,051,918	1,726,016	43%
6	Fund Balance Reserves	-	-	
Subto	tal Funding (including reserves)	4,051,918	1,726,016	43%
Opera	ating Expenditures			
7	Salaries & Wages	582,858	233,127	40%
8	Taxes & Benefits	266,930	106,087	40%
Total	Personnel	849,788	339,214	40%
9	Office/Operating Supplies	7,476	4,057	54%
10	Small Tools/Capital Equipment	5,238	2,980	57%
11	Professional Services	19,190	11,601	60%
12	Communication	8,074	3,751	46%
13	Travel	27,988	10,844	39%
14	Occupancy / Insurance	39,702	23,477	59%
15	Tenant Improvements, Furniture, Move	-		
16	Miscellaneous	41,216	4,186	10%
Total	Operating Expenditures	148,884	60,896	41%
Total	Direct Service and Administration	998,672	400,110	40%
Subc	ontractor Expenditures			
17	I&A/Case Management/FCSP			
18	ISR/Island County			
19	San Juan County Senior Services			
20	Legal Services	54,072	22,660	42%
21	Nutrition	34,072	22,000	42 /0
22	ISR/Island County	253,720	107,207	42%
23	Skagit County	345,767	158,105	42 %
24	Whatcom/San Juan Counties	598,851	238,229	40%
25	Disaster Relief	390,031	230,229	0%
26	Volunteer Services			070
27	ISR/Island County	31,829	20,332	64%
28	SCCAA/ Skagit County	35,484	14,927	42%
29	Opportunity Council	41,951	19,208	46%
30	Long Term Care Ombudsman Program	3,959	19,200	0%
31	Medicaid Transportation Brokerage	3,939	-	0 70
32	Family Caregiver Support Project & Respite Services			
33	Dementia Partnerships Project			
34	Kinship Caregivers Support Program/Kinship Navigator	112 602	20 526	240/
35	Caregiver Training/Agency Workers Health Insurance	112,603	38,526	34%
36	Chronic Disease Self Management Program	244,700	116,459	48%
37	Health Homes	44,416	6,000	14%
		1,256,430	548,079	44%
38	Subcontractor Expenditures	3,023,783	1,289,732	43%
30	Total Expenditures  Difference Between Revenue and Expenditures	<b>4,022,455</b> 29,463	<b>1,689,842</b> 36,174	42%

	NORTHWEST REGIONAL COUNCIL	Non Emergency Transportation B		on Brokerage
	BUDGET TO ACTUAL REPORT		% of Year	42%
	JANUARY - MAY 2019	Budget	Actual	% of Budget
Fund	ing			
1	DSHS - ALTSA - TXIX Medicaid			
2	DSHS - ALTSA - All Other			
3	Health Care Authority	3,912,000	1,577,681	40%
4	Local Funds	102,431		0%
5	Other Contracted	-		
Subto	otal Current Year Funding	4,014,431	1,577,681	39%
6	Fund Balance Reserves	82,348	-	
Subto	otal Funding (including reserves)	4,096,779	1,577,681	39%
Opera	ating Expenditures			
7	Salaries & Wages	648,292	243,789	38%
8	Taxes & Benefits	341,844	104,119	30%
Total	Personnel	990,136	347,908	35%
9	Office/Operating Supplies	8,700	3,829	44%
10	Small Tools/Capital Equipment	3,600	2,177	60%
11	Professional Services	33,000	19,851	60%
12	Communication	12,680	4,971	39%
13	Travel	3,248	839	26%
14	Occupancy / Insurance	36,327	20,580	57%
15	Tenant Improvements, Furniture, Move	-		
16	Miscellaneous	9,088	2,445	27%
Total	Operating Expenditures	106,643	54,692	51%
Total	Direct Service and Administration	1,096,779	402,600	37%
0.1.				
	ontractor Expenditures			
17	I&A/Case Management/FCSP			
18	ISR/Island County			
19	San Juan County Senior Services			
20	Legal Services			
21	Nutrition			
22	ISR/Island County			
23	Skagit County			
24	Whatcom/San Juan Counties			
25	Disaster Relief			
26	Volunteer Services			
27	ISR/Island County			
28	SCCAA/ Skagit County			
29	Opportunity Council			
30	Long Term Care Ombudsman Program			
31	Medicaid Transportation Brokerage	3,000,000	1,190,254	40%
32	, , , , ,			
33	Dementia Partnerships Project			
34	Kinship Caregivers Support Program/Kinship Navigator			
35	Caregiver Training/Agency Workers Health Insurance			
36	Chronic Disease Self Management Program			
37	Health Homes			
Total	Subcontractor Expenditures	3,000,000	1,190,254	40%
38	Total Expenditures	4,096,779	1,592,854	39%
39	Difference Between Revenue and Expenditures		(15,173)	

	NORTHWEST REGIONAL COUNCIL	Jail Health Program		m
	BUDGET TO ACTUAL REPORT	% of Year		42%
	JANUARY - MAY 2019	Budget	Actual	% of Budget
Fund	ing			
1	DSHS - ALTSA - TXIX Medicaid			
2	DSHS - ALTSA - All Other			
3	Health Care Authority			
4	Local Funds			
5	Other Contracted	1,373,788	604,538	44%
Subto	otal Current Year Funding	1,373,788	604,538	44%
6	Fund Balance Reserves	23,309	-	
Subto	otal Funding (including reserves)	1,397,097	604,538	43%
Opera	ating Expenditures			
7	Salaries & Wages	900,527	389,630	43%
8	Taxes & Benefits	450,113	191.996	43%
	Personnel	1,350,640	581,626	43%
9		2,200	1,740	79%
10	Small Tools/Capital Equipment	1,050	467	44%
11		14,850	11,810	80%
12		4,240	1,321	31%
13	Travel			29%
14	Occupancy / Insurance	8,360 9,902	2,438 5,710	58%
15	Tenant Improvements, Furniture, Move	9,902	5,710	56%
16	Miscellaneous	-	4.000	000/
		5,855	1,268	22%
	Operating Expenditures	46,457	24,754	53%
lotai	Direct Service and Administration	1,397,097	606,380	43%
Subc	ontractor Expenditures			
17	I&A/Case Management/FCSP			
18	ISR/Island County			
19	San Juan County Senior Services			
20	Legal Services			
21	Nutrition			
22	ISR/Island County			
23	Skagit County			
24	Whatcom/San Juan Counties			
25	Disaster Relief			
26	Volunteer Services			
27	ISR/Island County			
28	SCCAA/ Skagit County			
29	Opportunity Council			
30	Long Term Care Ombudsman Program			
31	Medicaid Transportation Brokerage			
32	, , , , , ,			
33				
34	Kinship Caregivers Support Program/Kinship Navigator			
35	Caregiver Training/Agency Workers Health Insurance			
36	Chronic Disease Self Management Program			
37	Health Homes			
	Subcontractor Expenditures	-	-	
38	·	1,397,097	606,380	43%
39	Difference Between Revenue and Expenditures	-	(1,842)	

	NORTHWEST REGIONAL COUNCIL	Other NWRC Activiti		es
	BUDGET TO ACTUAL REPORT		% of Year	42%
	JANUARY - MAY 2019	Budget	Actual	% of Budget
Fundi	ing			
1	DSHS - ALTSA - TXIX Medicaid			
2	DSHS - ALTSA - All Other			
3	Health Care Authority			
4	Local Funds	17,197	62,279	362%
5	Other Contracted	309,550	132,385	43%
Subto	otal Current Year Funding	326,747	194,664	60%
6	Fund Balance Reserves	150,000	145,176	
Subto	otal Funding (including reserves)	476,747	339,840	71%
Opera	ating Expenditures			
7	Salaries & Wages	76,764	30,505	40%
8	Taxes & Benefits	40,895	12,637	31%
-	Personnel	117,659	43,142	37%
9	Office/Operating Supplies	3,895	2,175	56%
10	Small Tools/Capital Equipment			
11	Professional Services	1,397	361	26%
12	Communication	160,785	43,270	27%
		3,448	1,123	33%
13	Travel	19,209	746	4%
14	Occupancy / Insurance	6,117	3,911	64%
15	Tenant Improvements, Furniture, Move	150,000	145,176	97%
16	Miscellaneous	14,237	9,706	68%
	Operating Expenditures	359,088	206,468	57%
I otal	Direct Service and Administration	476,747	249,610	52%
Cuba	ontroctor Evnanditura			
	ontractor Expenditures			
17	I&A/Case Management/FCSP			
18	ISR/Island County			
19	San Juan County Senior Services			
20	Legal Services			
21	Nutrition			
22	ISR/Island County			
23	Skagit County			
24	Whatcom/San Juan Counties			
25	Disaster Relief			
26	Volunteer Services			
27	ISR/Island County			
28	SCCAA/ Skagit County			
29	Opportunity Council			
30	Long Term Care Ombudsman Program			
31	Medicaid Transportation Brokerage			
32	Family Caregiver Support Project & Respite Services			
33	Dementia Partnerships Project			
34	Kinship Caregivers Support Program/Kinship Navigator			
35	Caregiver Training/Agency Workers Health Insurance			
36				
37				
	Subcontractor Expenditures	-	-	
38		476,747	249,610	52%
	Difference Between Revenue and Expenditures	710,171	2-3,010	32/

July 9, 2019

TO: Northwest Regional Council

FROM: Dan Murphy, Executive Director

SUBJECT: NWRC Routine Contracts/Amendments

# **Background**

The Northwest Regional Council receives funding from various sources and, in turn, contracts for a variety of community services. An update of contracted activity is provided at each NWRC Board meeting.

#### Issue

Since April 18, 2019, we have received the following contracts or amendments:

# **Contracts**

Contract No.	Purpose	Amount	Dates
1869-31860-02	DSHS AAA - Contract Amendment	5,798,007.00	7/7/2018
	State Federal	+ 68,659.00=	- 6/30/19
		\$5,866,666.00	
	Community Health Plan of Washington	Fee for	4/10/19-
	Behavioral Health Care Services	Service	4/10/20
	(In Process)		w/auto-
			renewal
1969-56872	DSHS - Interlocal Agreement Working in	Based on	7/1/2019-
	Advance Long-Term payable	Annual	6/30/19
		Review	
1869-31860-03	DSHS AAA - Contract Amendment State	5,866,666.00+	7/7/2019-
	Federal	12,500.00=	6/30/19
		\$5,879,166.00	
1969-41502-01	DSHS AAA - Contract Amendment Older	1,500,407.00+	1/1/2019-
	Americans Act	393,719.00=	9/30/20
		\$1,894,126.00	
1169-14982-08	HCA-Transportation Broker Services	\$1,824,000.00	7/1/2019-
			6/30/21
1969-53076	DSHS-AAA State/Federal	\$5,815,909.00	7/1/2019-
			6/30/20

# **Subcontracts for Services**

Contract No.	Contractor	Purpose	Dates
203017-NUTR (02)	Island Senior Resources	Award of Senior Farmers Market Nutrition Program Funding (In Process)	6/1/19- 12/31/19
203018-NUTR (02)	Skagit County Public Health	Award of Senior Farmers Market Nutrition Program Funding (In Process)	6/1/19- 12/31/19
203019-NUTR (02)	Whatcom Council on Aging	Award of Senior Farmers Market Nutrition Program Funding (In Process)	6/1/19- 12/31/19
203019-NUTR (03)	Whatcom Council on Aging	Change in NSIP Funding	1/1/19- 6/30/19
203017-NUTR (03)	Island Senior Resources	Award of Additional Home Delivered Meals (HDM) Funds to be spent by 6/30/19	1/1/19 — 6/30/19
2031018-NUTR (03)	Skagit County Public Health	Award of Additional HDM Funds to be spent by 6/30/19	1/1/19 – 6/30/19
203019-NUTR (04)	Whatcom Council on Aging	Award of Additional HDM Funds to be spent by 6/30/19	1/1/19 – 6/30/19
203011-KCSP (01)	Brigid Collins	Change in Kinship Caregiver Support Program (KCSP) - Statement of Work	6/1/19 - 12/31/19
203012-KCSP (01)	Opportunity Council	Change in KCSP Statement of Work	6/1/19 - 12/31/19
203214-JHP-T	Kristina VanVleet, RN	Jail Health Program Contract Nurse	6/1/19 – 12/31/19
200220-JHP-T	Maurice Sean McDonald, LPN	Jail Health Program Contract Nurse	7/1/19 – 12/31/19
200215-SHS	AdvancementNW	Supportive Housing Specialist (SHS)	5/1/19- 6/30/20
200216-SHS	Take Aim	Supportive Housing Specialist (SHS)	5/1/13- 6/30/20
200217-SHS	Back2Home	Supportive Housing Specialist (SHS)	5/1/19- 6/30/20
200218-SHS	Amy Cain	Supportive Housing Specialist (SHS)	5/1/19- 6/30/20
220128-CgCons	Stephanie Claus	Behavior Management for Family Caregiver Support Program (FCSP)	5/1/19- 6/30/22
220140-CgCons	Nancy Utt	Behavior Management for FCSP	6/1/19- 6/30/22
220141-CgCons	Bonnie Hendrickson	Behavior Management for FCSP	7/1/19- 6/30/22

# **Agreements**

Organization	Purpose	Dates
Oak Harbor Senior	Facility Use Application	1/1/19 –
Center	Health Homes	12/31/19
WAHA & SHIBA	Partnership Agreement	7/1/18 –
		6/30/20
John Berks dba	Supplemental IT Support	1/1/19 –
DataLogic		12/31/19
Etactics	Business Associate Agreement, Customer	
	Agreement, and IntelliClaim Pricing Addendum	
Xpio Health	HIPPA Business Associate Agreement	6/11/2019
		-ongoing
Whidbey Island Public	Business Associate Agreement	5/1/2019
Hospital District		-ongoing
Whatcom Council on	Resident Services Coordination Agreement for	9/1/19-
Aging	Birchwood Manor	8/31/20
Whatcom Council on	Resident Services Coordination Agreement for	7/1/19-
Aging	Catherine May	6/30/20

# **Proposed Motion:**

The Northwest Regional Council approves the above referenced contracts and agreements.

## NORTHWEST REGIONAL COUNCIL RESOLUTION NO. 19-01

# ORDERING THE CANCELLATION OF WARRANTS MORE THAN A YEAR OLD

**WHEREAS**, the Revised Code of Washington, Section 36.22.100, states the County legislative authority shall cancel county warrants not presented within one year of the date of their issue; and

**WHEREAS**, the County's Administrative Services Department has provided a list of warrants that were issued prior to July 1, 2018, but never presented;

**NOW, THEREFORE, BE IT RESOLVED** that Northwest Regional Council hereby cancel the warrants listed below.

(Checks issued before July 1, 2018)

Northwest Regional Council

Fund	Check No.	Check Date	G/L Date	Explanation	1	Amount
672	1045667	12/19/17	12/19/17	REBECCA HEISER	\$	(189.11)
672	1056343	04/17/18	04/17/18	LIGEIALESTER	\$	(66.92)
672	1035366	08/08/17	08/08/17	MICHAEL BAUGHN	\$	(10.00)
672	1041644	10/24/17	10/24/17	GERI GILBERT	\$	(4.00)
				Total NW Regional Council	\$	(270.03)

#### TOTAL WARRANTS TO BE CANCELLED

\$ 270.03

APPROVED by the Northwest Regional Council this 18th day of July, 2019:

Helen Price Johnson, Vice-Chair Island County Commissioner	Jill Johnson Island County Commissioner
Rick Hughes San Juan County Council Member	Jamie Stephens, Chair San Juan County Council Member
Ron Wesen, Chair Skagit County Commissioner	Lisa Janicki Skagit County Commissioner
Jack Louws County Executive, Whatcom County	Carol Frazey Whatcom County Council Member
ATTEST:	
Daniel Murphy, Executive Director	

TO: Northwest Regional Council

FROM: Dan Murphy, Executive Director

DATE: July 11, 2019

SUBJECT: Fund Balance Transfers

## **Background**

In 2011 the Northwest Regional Council (NWRC) established policy to classify fund balances, including a Contingency Reserve fund, in compliance with Governmental Accounting Standards Board requirements. The Contingency Reserve Fund, as well as the Unassigned Fund Balance, is available for use at the discretion of the Executive Director. Any movement of funds into or out of reserves must be reported to the Governing Board at their next scheduled meeting.

## **Current Activity**

NWRC Financial Statements report the following fund balances as of December 31, 2018:

FUND BALANCES/NET POSITION	
Fund Balances:	
Nonspendable:	
Prepaid Expense	64,487
Restricted for:	
Northwest LEARN	253,128
TXIX Medicaid/Aging Network	608,332
Medicaid Transformation Demonstration Project	199,876
DSHS Working Advance	1,065,312
Committed to:	
Unemployment	75,000
Vacation/Sick Leave	275,658
Assigned to:	
Family Caregiver Support Project	4,055
Contingency Reserve	821,311
Unassigned	1,417,973
Total Fund Balances	4,785,132

NWRC policy requires the Contingency Reserve Fund be 5%-7% of budgeted operating expenditures for use in unanticipated circumstances, such as a natural disaster, a lawsuit, a federal or state temporary shutdown, unexpected budget cuts, or unanticipated replacement of infrastructure such as computer networks or telephone systems.

2019 budgeted operating expenditures are \$18,230,401, and 5% is \$911,520. The recommended addition to the Contingency Reserve for 2019 is \$90,209.

PROPOSED MOTION: The Northwest Regional Council hereby approves the movement of \$90,209 from the Unassigned Fund Balance into the Contingency Reserve Fund.

TO: Northwest Regional Council

FROM: Dan Murphy, Executive Director

DATE: July 11, 2019

SUBJECT: SUPPLEMENTAL BUDGET #1 FOR 2019

This material related to our routine mid-year budget adjustment includes Resolution #19-02 for Supplemental Budget #1 and supporting detail materials, which reflect a net increase in funding of \$516,908 and an increase of \$303,678 in expenditures.

In summary, the major changes from the previously approved 2019 budget are:

# **Current Year Revenues**

Funding Source	Adjustments – Increase (Decrease)	Explanation
In-home Case	\$159,338	1.1% rate increase effective July 1, 2019
Management and		plus higher number of cases
Contract Management		
Medicaid Requested	\$26,000	Shift sources of funding for Island Senior
Match		Resources to draw down additional federal
		match.
Caregiver Training	\$58,000	Increased volume of caregivers being
Reimbursement to		trained and increase in training hourly rate
Agencies		
DSHS Other	\$115,670	Increased federal and state appropriations
Health Care Authority	\$140,000	Increased trips and costs paid to Non-
		Emergency Medical Transportation
		providers
Peace Health Hospital	\$156,500	Additional Funding for care transitions
and North Sound		
Community of Health		
Other Contracted	(\$138,600)	Reduction in reimbursement for Skagit
		County Recovery Care Program and other
		local contracts because of additional time
		required to hire FTE's.

otal Adjustments to \$5	516,908
evenue	•

**Expenditures - Selected Line Items** 

Expenditures – Selected Line Items					
Line Item Description	Major	Explanation			
	Adjustment –				
	Increase				
	(Decrease)				
Salary and Benefits	(\$312,950)	Net of positions filled later in year than			
		expected, turnover, addition of 3 new			
		positions, and a reduction in health benefit			
		cost with the change to PEBB of			
		approximately \$200,000/yr			
Communication	\$61,764	Costs for cell phones for direct service			
		employees for HIPPA compliance and			
		upgraded software platform			
Small tools	\$28,493	Includes the cost of new computers for the			
		Community Programs department, and for			
		new employees			
Occupancy	\$61,764	Additional repair & maintenance costs for			
		buildings under new leases			
Tenant	\$70,000	Carryforward of prior year expense. 2018			
Improvements		Budget was \$207,816, actual expense			
		charged in 2018 was \$135,673			
Subcontracted	\$195,100	Increased costs per trip and utilization of			
Expenditures		Medicaid Transportation, and pass through			
		reimbursement of caregiver training			
		expenditures to home care agencies			
<b>Total Adjustments</b>	\$303,678				
to Expenditures					

Increase in	\$213,230	
unallocated		
funding, available		
for carryover		

## **NWRC Staff Positions**

Adds: 2 FTE Care Coordinator for Hospital Care Transitions, 1 FTE Care Management Program Supervisor

Total FTE change: 3.0 FTE

## **PROPOSED MOTION:**

The Northwest Regional Council hereby approves and adopts Resolution #19-02, Supplemental Budget #1.

	NORTHWEST REGIONAL COUNCIL		TOTAL		
	2019 SUPPLEMENTAL DEPT BUDGET	2019	2019		%
		Budget	Revised Budget	Change	change
Fundi	ing				
1	DSHS - ALTSA - TXIX Medicaid	3,772,651	3,931,989	159,338	4%
2	DSHS - ALTSA - All Other	4,802,411	5,008,481	206,070	4%
3	Health Care Authority	6,826,155	6,966,155	140,000	2%
4	Local Funds	119,628	130,628	11,000	9%
5	Other Contracted	2,484,619	2,485,119	500	0%
Subto	otal Current Year Funding	18,005,464	18,522,372	516,908	3%
6	Fund Balance Reserves	255,657	255,657	-	0%
Subto	otal Funding (including reserves)	18,261,121	18,778,029	516,908	3%
	Percent Change from Original Budget		-	3%	
Opera	ating Expenditures				
7	Salaries & Wages	6,240,446	6,147,515	(92,931)	-1%
8	Taxes & Benefits	3,149,610	2,929,591	(220,019)	-7%
Total	Personnel	9,390,056	9,077,106	(312,950)	-3%
9	Office/Operating Supplies	52,450	80,943	28,493	54%
10	Small Tools/Capital Equipment	38,650	60,435	21,785	56%
11	Professional Services	342,648	404,796	62,148	18%
12	Communication	105,007	166,771	61,764	59%
13	Travel	232,501	237,136	4,635	2%
14	Occupancy / Insurance	477,210	538,777	61,567	13%
15	Tenant Improvements, Furniture, Move	150,000	220,000	70,000	47%
16	Miscellaneous	151,936	169,637	17,701	12%
Total	Operating Expenditures	1,550,402	1,878,495	328,093	21%
Total	Direct Service and Administration	10,940,458	10,955,601	15,143	0%
	Percent Change from Original Budget			0%	

# **TOTAL**

	2019 SUPPLEMENTAL DEPT BUDGET	2019	2019		%
		Budget	Revised Budget	Change	change
Subc	ontractor Expenditures				
17	I&A/Case Management/FCSP				
18	ISR/Island County	602,096	639,874	37,778	6%
19	San Juan County Senior Services	192,395	192,395	-	0%
20	Legal Services	54,072	54,072	-	0%
21	Nutrition				
22	ISR/Island County	253,720	256,470	2,750	1%
23	Skagit County	345,767	349,392	3,625	1%
24	Whatcom/San Juan Counties	598,851	604,976	6,125	1%
25	Disaster Relief	1	1	-	0%
26	Volunteer Services				
27	ISR/Island County	31,829	36,246	4,417	14%
28	SCCAA/ Skagit County	35,484	35,484	-	0%
29	Opportunity Council	41,951	41,951	-	0%
30	Long Term Care Ombudsman Program	3,959	3,959	-	0%
31	Medicaid Transportation Brokerage	3,000,000	3,140,000	140,000	5%
32	Family Caregiver Support Project & Respite Services	407,284	462,440	55,156	14%
33	Dementia Partnerships Project	64,385	64,385	-	0%
34	Kinship Caregivers Support Program/Kinship Navigator	112,603	112,603	-	0%
35	Caregiver Training/Agency Workers Health Insurance	244,700	299,800	55,100	23%
36	Chronic Disease Self Management Program	44,416	28,000	(16,416)	-37%
37	Health Homes	1,256,430	1,256,430	-	0%
Total	Subcontractor Expenditures	7,289,943	7,578,478	288,535	4%
38	Total Budgeted Expenditures	18,230,401	18,534,079	303,678	2%
39	Unallocated Funding	30,720	243,950	213,230	
40	Percent Change in Total Budget			2%	

	NORTHWEST REGIONAL COUNCIL	ORTHWEST REGIONAL COUNCIL Community Programs		
	2019 SUPPLEMENTAL DEPT BUDGET	2019	2019	
		Budget	Revised Budget	Change
Fundi	ng			
1	DSHS - ALTSA - TXIX Medicaid	142,000	142,000	-
2	DSHS - ALTSA - All Other	2,440,078	2,462,671	22,593
3	Health Care Authority			-
4	Local Funds			-
5	Other Contracted	80,906	80,906	-
Subto	tal Current Year Funding	2,662,984	2,685,577	22,593
6	Fund Balance Reserves	-	-	-
Subto	tal Funding (including reserves)	2,662,984	2,685,577	22,593
	Percent Change from Original Budget			1%
Opera	ating Expenditures			
7	Salaries & Wages	990,267	950,248	(40,019)
8	Taxes & Benefits	522,792	463,866	(58,926)
Total	Personnel	1,513,059	1,414,114	(98,945)
9	Office/Operating Supplies	7,552	7,125	(427)
10	Small Tools/Capital Equipment	5,414	24,997	19,583
11	Professional Services	4,568	4,693	125
12	Communication	21,276	63,092	41,816
13	Travel	32,522	33,482	960
14	Occupancy / Insurance	100,977	117,462	16,485
15	Tenant Improvements, Furniture, Move	-	-	-
16	Miscellaneous	26,238	32,300	6,062
Total	Operating Expenditures	198,547	283,151	84,604
Total	Direct Service and Administration	1,711,606	1,697,265	(14,341)
	Percent Change from Original Budget			-1%

# **Community Programs**

	2019 SUPPLEMENTAL DEPT BUDGET	2019	2019	
		Budget	Revised Budget	Change
Subco	ontractor Expenditures			
17	I&A/Case Management/FCSP			
18	ISR/Island County	287,314	269,092	(18,222)
19	San Juan County Senior Services	192,395	192,395	-
20	Legal Services			-
21	Nutrition			-
22	ISR/Island County			-
23	Skagit County			-
24	Whatcom/San Juan Counties			-
25	Disaster Relief			-
26	Volunteer Services			-
27	ISR/Island County			-
28	SCCAA/ Skagit County			-
29	Opportunity Council			-
30	Long Term Care Ombudsman Program			-
31	Medicaid Transportation Brokerage			-
32	Family Caregiver Support Project & Respite Services	407,284	462,440	55,156
33	Dementia Partnerships Project	64,385	64,385	-
34	Kinship Caregivers Support Program/Kinship Navigator			-
35	Caregiver Training/Agency Workers Health Insurance			-
36	Chronic Disease Self Management Program			-
37	Health Homes			-
Total	Subcontractor Expenditures	951,378	988,312	36,934
38	Total Budgeted Expenditures	2,662,984	2,685,577	22,593
39	Unallocated Funding	-	-	
40	Percent Change in Total Budget			1%

	NORTHWEST REGIONAL COUNCIL		Care Management	
	2019 SUPPLEMENTAL DEPT BUDGET	2019	2019	
		Budget	Revised Budget	Change
Fundi	ng			
1	DSHS - ALTSA - TXIX Medicaid	3,252,544	3,411,882	159,338
2	DSHS - ALTSA - All Other	110,492	162,492	52,000
3	Health Care Authority	1,552,185	1,552,185	-
4	Local Funds			-
5	Other Contracted	660,375	534,375	(126,000)
Subto	otal Current Year Funding	5,575,596	5,660,934	85,338
6	Fund Balance Reserves	-	-	-
Subto	otal Funding (including reserves)	5,575,596	5,660,934	85,338
	Percent Change from Original Budget			2%
Opera	ating Expenditures			
7	Salaries & Wages	3,041,738	3,005,777	(35,961)
8	Taxes & Benefits	1,527,036	1,455,862	(71,174)
Total	Personnel	4,568,774	4,461,639	(107,135)
9	Office/Operating Supplies	22,627	25,485	2,858
10	Small Tools/Capital Equipment	21,951	25,543	3,592
11	Professional Services	110,255	169,568	59,313
12	Communication	55,289	73,009	17,720
13	Travel	141,174	144,726	3,552
14	Occupancy / Insurance	284,185	308,683	24,498
15	Tenant Improvements, Furniture, Move	-	-	-
16	Miscellaneous	55,302	57,286	1,984
Total	Operating Expenditures	690,783	804,300	113,517
Total	Direct Service and Administration	5,259,557	5,265,939	6,382
	Percent Change from Original Budget			0%

# **Care Management**

	2019 SUPPLEMENTAL DEPT BUDGET	2019	2019	Change
		Budget	Revised Budget	
Subco	ontractor Expenditures			
17	I&A/Case Management/FCSP			
18	ISR/Island County	314,782	370,782	56,000
19	San Juan County Senior Services			-
20	Legal Services			-
21	Nutrition			-
22	ISR/Island County			-
23	Skagit County			-
24	Whatcom/San Juan Counties			-
25	Disaster Relief			-
26	Volunteer Services			-
27	ISR/Island County			-
28	SCCAA/ Skagit County			-
29	Opportunity Council			-
30	Long Term Care Ombudsman Program			-
31	Medicaid Transportation Brokerage			-
32	Family Caregiver Support Project & Respite Services			-
33	Dementia Partnerships Project			-
34	Kinship Caregivers Support Program/Kinship Navigator			-
35	Caregiver Training/Agency Workers Health Insurance			-
36	Chronic Disease Self Management Program			-
37	Health Homes			-
Total	Subcontractor Expenditures	314,782	370,782	56,000
38	Total Budgeted Expenditures	5,574,339	5,636,721	62,382
39	Unallocated Funding	1,257	24,213	
40	Percent Change in Total Budget			1%

	NORTHWEST REGIONAL COUNCIL	P	lanning & Contracting	
	2019 SUPPLEMENTAL DEPT BUDGET	2019	2019	
		Budget	Revised Budget	Change
Fundi	ng			
1	DSHS - ALTSA - TXIX Medicaid	378,107	378,107	-
2	DSHS - ALTSA - All Other	2,251,841	2,383,318	131,477
3	Health Care Authority	1,361,970	1,361,970	-
4	Local Funds			-
5	Other Contracted	60,000	60,000	-
Subto	otal Current Year Funding	4,051,918	4,183,395	131,477
6	Fund Balance Reserves	-	-	-
Subto	otal Funding (including reserves)	4,051,918	4,183,395	131,477
	Percent Change from Original Budget			3%
Opera	ating Expenditures			
7	Salaries & Wages	582,858	558,371	(24,487)
8	Taxes & Benefits	266,930	236,860	(30,070)
Total	Personnel	849,788	795,231	(54,557)
9	Office/Operating Supplies	7,476	9,448	1,972
10	Small Tools/Capital Equipment	5,238	3,862	(1,376)
11	Professional Services	19,190	28,215	9,025
12	Communication	8,074	8,131	57
13	Travel	27,988	27,892	(96)
14	Occupancy / Insurance	39,702	47,446	7,744
15	Tenant Improvements, Furniture, Move	-	-	-
16	Miscellaneous	41,216	40,812	(404)
Total	Operating Expenditures	148,884	165,806	16,922
Total	Direct Service and Administration	998,672	961,037	(37,635)
	Percent Change from Original Budget			-4%

# **Planning & Contracting**

	2019 SUPPLEMENTAL DEPT BUDGET	2019	2019	
		Budget	Revised Budget	Change
Subco	ontractor Expenditures			
17	I&A/Case Management/FCSP			
18	ISR/Island County			-
19	San Juan County Senior Services			-
20	Legal Services	54,072	54,072	-
21	Nutrition			-
22	ISR/Island County	253,720	256,470	2,750
23	Skagit County	345,767	349,392	3,625
24	Whatcom/San Juan Counties	598,851	604,976	6,125
25	Disaster Relief	1	1	-
26	Volunteer Services			-
27	ISR/Island County	31,829	36,246	4,417
28	SCCAA/ Skagit County	35,484	35,484	-
29	Opportunity Council	41,951	41,951	-
30	Long Term Care Ombudsman Program	3,959	3,959	-
31	Medicaid Transportation Brokerage			-
32	Family Caregiver Support Project & Respite Services			-
33	Dementia Partnerships Project			-
34	Kinship Caregivers Support Program/Kinship Navigator	112,603	112,603	-
35	Caregiver Training/Agency Workers Health Insurance	244,700	299,800	55,100
36	Chronic Disease Self Management Program	44,416	28,000	(16,416)
37	Health Homes	1,256,430	1,256,430	-
Total	Subcontractor Expenditures	3,023,783	3,079,384	55,601
38	Total Budgeted Expenditures	4,022,455	4,040,421	17,966
39	Unallocated Funding	29,463	142,974	
40	Percent Change in Total Budget			0%

	NORTHWEST REGIONAL COUNCIL	Non Emerg	ency Transportation E	Brokerage
	2019 SUPPLEMENTAL DEPT BUDGET	2019	2019	
		Budget	Revised Budget	Change
Fundi	ng			
1	DSHS - ALTSA - TXIX Medicaid			-
2	DSHS - ALTSA - All Other			-
3	Health Care Authority	3,912,000	4,052,000	140,000
4	Local Funds	102,431	76,965	(25,466)
5	Other Contracted	-		-
Subto	tal Current Year Funding	4,014,431	4,128,965	114,534
6	Fund Balance Reserves	82,348	28,777	(53,571)
Subto	tal Funding (including reserves)	4,096,779	4,157,742	60,963
	Percent Change from Original Budget			1%
Opera	ating Expenditures			
7	Salaries & Wages	648,292	602,122	(46,170)
8	Taxes & Benefits	341,844	288,712	(53,132)
Total	Personnel	990,136	890,834	(99,302)
9	Office/Operating Supplies	8,700	10,540	1,840
10	Small Tools/Capital Equipment	3,600	3,760	160
11	Professional Services	33,000	40,450	7,450
12	Communication	12,680	13,184	504
13	Travel	3,248	3,082	(166)
14	Occupancy / Insurance	36,327	46,835	10,508
15	Tenant Improvements, Furniture, Move	-	-	-
16	Miscellaneous	9,088	9,057	(31)
Total	Operating Expenditures	106,643	126,908	20,265
Total	Direct Service and Administration	1,096,779	1,017,742	(79,037)
	Percent Change from Original Budget			-7%

# Non Emergency Transportation Brokerage

	2019 SUPPLEMENTAL DEPT BUDGET	2019	2019	
		Budget	Revised Budget	Change
Subco	ontractor Expenditures			
17	I&A/Case Management/FCSP			
18	ISR/Island County			-
19	San Juan County Senior Services			-
20	Legal Services			-
21	Nutrition			-
22	ISR/Island County			-
23	Skagit County			-
24	Whatcom/San Juan Counties			-
25	Disaster Relief			-
26	Volunteer Services			-
27	ISR/Island County			-
28	SCCAA/ Skagit County			-
29	Opportunity Council			-
30	Long Term Care Ombudsman Program			-
31	Medicaid Transportation Brokerage	3,000,000	3,140,000	140,000
32	Family Caregiver Support Project & Respite Services			-
33	Dementia Partnerships Project			-
34	Kinship Caregivers Support Program/Kinship Navigator			-
35	Caregiver Training/Agency Workers Health Insurance			-
36	Chronic Disease Self Management Program			-
37	Health Homes			-
Total	Subcontractor Expenditures	3,000,000	3,140,000	140,000
38	Total Budgeted Expenditures	4,096,779	4,157,742	60,963
39	Unallocated Funding	-	-	
40	Percent Change in Total Budget			1%

	NORTHWEST REGIONAL COUNCIL		Jail Health Program	
	2019 SUPPLEMENTAL DEPT BUDGET	2019	2019	
		Budget	Revised Budget	Change
Fundi	ng			
1	DSHS - ALTSA - TXIX Medicaid			-
2	DSHS - ALTSA - All Other			-
3	Health Care Authority			-
4	Local Funds			-
5	Other Contracted	1,373,788	1,373,788	-
Subto	otal Current Year Funding	1,373,788	1,373,788	-
6	Fund Balance Reserves	23,309	6,880	(16,429)
Subto	otal Funding (including reserves)	1,397,097	1,380,668	(16,429)
	Percent Change from Original Budget			-1%
Opera	ating Expenditures			
7	Salaries & Wages	900,527	901,786	1,259
8	Taxes & Benefits	450,113	423,743	(26,370)
Total	Personnel	1,350,640	1,325,529	(25,111)
9	Office/Operating Supplies	2,200	3,800	1,600
10	Small Tools/Capital Equipment	1,050	800	(250)
11	Professional Services	14,850	19,600	4,750
12	Communication	4,240	4,770	530
13	Travel	8,360	8,710	350
14	Occupancy / Insurance	9,902	11,296	1,394
15	Tenant Improvements, Furniture, Move	-	-	-
16	Miscellaneous	5,855	6,163	308
Total	Operating Expenditures	46,457	55,139	8,682
Total	Direct Service and Administration	1,397,097	1,380,668	(16,429)
	Percent Change from Original Budget			-1%

# Jail Health Program

	2019 SUPPLEMENTAL DEPT BUDGET	2019	2019	
		Budget	Revised Budget	Change
Subco	ontractor Expenditures			
17	I&A/Case Management/FCSP			
18	ISR/Island County			-
19	San Juan County Senior Services			-
20	Legal Services			-
21	Nutrition			-
22	ISR/Island County			-
23	Skagit County			-
24	Whatcom/San Juan Counties			-
25	Disaster Relief			-
26	Volunteer Services			-
27	ISR/Island County			-
28	SCCAA/ Skagit County			-
29	Opportunity Council			-
30	Long Term Care Ombudsman Program			-
31	Medicaid Transportation Brokerage			-
32	Family Caregiver Support Project & Respite Services			-
33	Dementia Partnerships Project			-
34	Kinship Caregivers Support Program/Kinship Navigator			-
35	Caregiver Training/Agency Workers Health Insurance			-
36	Chronic Disease Self Management Program			-
37	Health Homes			-
Total	Subcontractor Expenditures	-	-	-
38	Total Budgeted Expenditures	1,397,097	1,380,668	(16,429)
39	Unallocated Funding	-	-	
40	Percent Change in Total Budget			-1%

	NORTHWEST REGIONAL COUNCIL	C	ther NWRC Activities	
	2019 SUPPLEMENTAL DEPT BUDGET	2019	2019	
		Budget	Revised Budget	Change
Fundi	ng			
1	DSHS - ALTSA - TXIX Medicaid			-
2	DSHS - ALTSA - All Other			-
3	Health Care Authority			-
4	Local Funds	17,197	53,663	36,466
5	Other Contracted	309,550	436,050	126,500
Subto	tal Current Year Funding	326,747	489,713	162,966
6	Fund Balance Reserves	150,000	220,000	70,000
Subto	tal Funding (including reserves)	476,747	709,713	232,966
	Percent Change from Original Budget			49%
Opera	ating Expenditures			
7	Salaries & Wages	76,764	129,211	52,447
8	Taxes & Benefits	40,895	60,548	19,653
Total	Personnel	117,659	189,759	72,100
9	Office/Operating Supplies	3,895	24,545	20,650
10	Small Tools/Capital Equipment	1,397	1,473	76
11	Professional Services	160,785	142,270	(18,515)
12	Communication	3,448	4,585	1,137
13	Travel	19,209	19,244	35
14	Occupancy / Insurance	6,117	7,055	938
15	Tenant Improvements, Furniture, Move	150,000	220,000	70,000
16	Miscellaneous	14,237	24,019	9,782
Total	Operating Expenditures	359,088	443,191	84,103
Total	Direct Service and Administration	476,747	632,950	156,203
	Percent Change from Original Budget			33%

## **Other NWRC Activities**

	2019 SUPPLEMENTAL DEPT BUDGET	2019	2019	
		Budget	Revised Budget	Change
Subco	ontractor Expenditures			
17	I&A/Case Management/FCSP			
18	ISR/Island County			-
19	San Juan County Senior Services			-
20	Legal Services			-
21	Nutrition			-
22	ISR/Island County			-
23	Skagit County			-
24	Whatcom/San Juan Counties			-
25	Disaster Relief			-
26	Volunteer Services			-
27	ISR/Island County			-
28	SCCAA/ Skagit County			-
29	Opportunity Council			-
30	Long Term Care Ombudsman Program			-
31	Medicaid Transportation Brokerage			-
32	Family Caregiver Support Project & Respite Services			-
33	Dementia Partnerships Project			-
34	Kinship Caregivers Support Program/Kinship Navigator			-
35	Caregiver Training/Agency Workers Health Insurance			-
36	Chronic Disease Self Management Program			-
37	Health Homes			-
Total	Subcontractor Expenditures	-	-	-
38	Total Budgeted Expenditures	476,747	632,950	156,203
39	Unallocated Funding	-	76,763	
40	Percent Change in Total Budget			33%

# RESOLUTION #19-02 NORTHWEST REGIONAL COUNCIL BUDGET JANUARY 1, 2019 - DECEMBER 31, 2019

WHEREAS, the attached Supplemental Budget #1 for calendar year 2019 has been presented to the Northwest Regional Council for review; and

WHEREAS, the Northwest Regional Council has reviewed said document and is in agreement with the funding and expenditure levels set forth in said document;

NOW, THEREFORE, the Northwest Regional Council does ordain as follows:

The Northwest Regional Council Supplemental Budget #1 for 2019 is hereby approved as presented.

RESOLUTION NUMBER 19-02 APPROVED THIS 18th DAY OF JULY, 2019.

NORTHWEST REGIONAL COUNCIL:

Helen Price Johnson, Vice-Chair Island County Commissioner	Jill Johnson Island County Commissioner
Rick Hughes San Juan County Council Member	Jamie Stephens, Chair San Juan County Council Member
Ron Wesen Skagit County Commissioner	Lisa Janicki Skagit County Commissioner
Jack Louws County Executive, Whatcom County	Carol Frazey Whatcom County Council Member
ATTEST:	
Dan Murphy, Executive Director Northwest Regional Council	

# **NORTHWEST REGIONAL COUNCIL 2019 SUPPLEMENTAL BUDGET**

#### **REVENUE PROJECTIONS 2019**

Funding Source	Original Revenues 2019	Revised Revenues 2019	Increase/ Decrease 2019	% of Change	
Older Americans Act					
Title III-BNew	614,786	566,720	(48,066)	-7.8%	
Carryover	62,709	75,383	12,674	20.2%	
Title III-C-1New	513,760	528,297	14,537	2.8%	
Carryover	1,148	1,799	651	56.7%	
Title III-C-2New	289,210	318,727	29,517	10.2%	
Carryover	378	503	125	33.1%	
Title III-DNew	32,893	31,837	(1,056)	-3.2%	
Carryover	11,523	13,488	1,965	17.1%	
Title III-ENew	210,317	209,308	(1,009)	-0.5%	
Carryover	63,567	149,005	85,438	134.4%	
Elder AbuseNew	4,031	4,005	(26)	-0.6%	
Carryover	-	-	-	0.0%	
Subtotal Older Americans Act	1,804,322	1,899,072	94,750	5.3%	
Other Aging and Long Term Services (ALTSA)	115,524	117,418	1,894	1.6%	
Nutrition Services Incentive Program (NSIP)	301,640	257,066	(44,574)	-14.8%	
Senior Farmer's Market Nutrition Project	60,223	63,417	3,194	5.3%	
Home Delivered Meal Expansion (State Bill 5736)	37,241	49,741	12,500	33.6%	
Medicaid Case Management/Nursing Services	3,252,544	3,411,882	159,338	4.9%	
Requested Match	64,434	90,434	26,000	40.4%	
Core Services Contract Management	378,107	378,107	-	0.0%	

# **NORTHWEST REGIONAL COUNCIL 2019 SUPPLEMENTAL BUDGET**

Funding Source	Original Revenues 2019	Revenues Revenues		% of Change	
Medicaid Administrative Claiming	142,000	142,000	-	0.0%	
Medicaid Transportation Brokerage	3,912,000	4,052,000	140,000	3.6%	
Caregiver Training Reimbursement to Home Care Agencies	202,000	260,000	58,000	28.7%	
Health Care Plan and Training Tuition Reimbursement to HCA	52,800	52,800	-	0.0%	
Senior Citizens Services Act	556,555	556,555	-	0.0%	
State Family Caregiver Support Program	683,348	726,837	43,489	6.4%	
Family Caregiver Expansion Waiver	596,226	596,226	-	0.0%	
Volunteer ServicesGeneral Fund	118,868	123,285	4,417	3.7%	
Resident Services Coordination Bellingham Housing Authority/WCCOA-Birchwood	40,453	40,453	-	0.0%	
Resident Services Coordination Bellingham Housing Authority/WCCOA-Catherine May	40,453	40,453	-	0.0%	
Private Pay Case Management	5,000	5,000	-	0.0%	
Dementia Partnerships Project	64,385	64,385	-	0.0%	
Medication Management & Support Program Senior Drug Education Program	12,612	12,612	-	0.0%	
Kinship Care Support Project	68,409	68,409	-	0.0%	
Kinship Navigator Project	44,243	44,243	-	0.0%	

# **NORTHWEST REGIONAL COUNCIL 2019 SUPPLEMENTAL BUDGET**

Funding Source	Original Revenues 2019	Revised Revenues 2019	Increase/ Decrease 2019	% of Change	
Care Consultation and Management Services for Veteran Directed Home Services Program	3,000	3,000	-	0.0%	
Health Homes	2,914,155	2,914,155	-	0.0%	
Jail Health Program	1,373,788	1,373,788	-	0.0%	
Behavorial Health Program	374,399	374,399	-	0.0%	
Local Funds	426,945	570,845	143,900	33.7%	
NW LEARN	87,790	87,790	-	0.0%	
Skagit County Care Coordination	252,000	126,000	(126,000)	-50.0%	
Whatcom County Boundary Review Board	10,000	10,000	-	0.0%	
Skagit County Boundary Review Board	10,000	10,000	-	0.0%	
Total Northwest Regional Council Revenues	18,005,464	18,522,372	516,908	2.9%	

# NORTHWEST REGIONAL COUNCIL 2019 BUDGET

	COMPARISON OF ANNUALIZED FTEs  Position	Revised 2018 FTE	Original 2019 FTE	Revised 2019 FTE	Change
	Executive Director	1.00	1.00	1.00	-
	Care Management Director	1.00	1.00	1.00	-
	Operations Director	1.00	1.00	1.00	_
	Medicaid Transportation Services Manager	1.00			-
	Community Programs Manager	1.00			-
	Community Programs Supervisor	1.00			-
	Planner	2.00			-
	Contracts Specialist	2.00			_
	HR/Administrative Assistant	1.00			_
	Office/Human Resources Manager	1.00			_
	Program Specialist	11.00			_
	Program Specialist Tribal Outreach	1.00			_
	Customer Service Representative	5.00			_
	Administrative Aide	1.75			_
	Skagit Case Management Program Supervisor	1.00			_
	Quality Assurance Specialist/Case Management Supervisor	1.00			_
a.	Case Manager/Care Coordinator	29.75			2.00
	Behavioral Health Counselor	3.00			-
	RN Case Manager	1.00			-
	WH Case Management Supervisor/RN Services Coordinator	1.00			-
b.	Care Management Program Supervisor	1.00			1.00
	Care Management Administrative Supervisor	1.00			-
	Case Aide	7.00	8.00	8.00	-
	Program Operations Specialist	1.00	1.00	1.00	-
	Fiscal Manager	1.00	1.00	1.00	-
	Senior Accountant	1.00	1.00	1.00	-
	Accounting Analyst	2.00	2.00	2.00	-
	Staff Accountant	1.00	1.00	1.00	-
	Case Aide/IT Support	0.00	0.00	0.00	-
	NW LEARN Planner	0.00	0.00	0.00	-
	Executive Assistant	0.00	0.00	0.00	-
	Receptionist/Secretary	2.00	2.00	2.00	-
	Information Technology Specialist	1.00	1.00	1.00	-
	Network Administrator	1.00			-
	Administrative Assistant	1.00	1.00	1.00	-
	Jail Health Nursing Supervisor	1.25			-
	Jail Health RN	9.68			-
	Jail Health Medical Assistant	2.00	2.00	2.00	-
	Total Annualized FTEs	100.43	107.98	110.98	3.00

## Changes for 2019:

a. Hire 2 Care Coordinators with Hospital and Accountable Community of Health Funds

b. Hire 1 Care Management Program Supervisor

TO: Northwest Regional Council

FROM: Dan Murphy, Executive Director

DATE: July 9, 2019

SUBJECT: Contribution Request for 2020

#### Background

This memo is to request contributions for 2020 from member counties. Contribution requests (attached) are being sent to each NWRC sponsoring county in order to fit with county budget cycles. The motion below is for the NWRC Board to finalize those requests, either as presented or in modified amounts if the Board so chooses.

The Interlocal Agreement governing the NWRC stipulates local funding as follows: "All members of the NWRC shall pay contributions, as established by the NWRC and confirmed by the legislative body of each member county, based proportionally on a formula to include population of the member counties." NWRC uses member contributions as local match for various federal and state fund sources and the request for 2020 remains the same as for 2019. Each county's share is based on their proportion of the senior population for the region.

The requested County funding (member cities are invoiced separately) for the Law Enforcement Administrative Radio Network (LEARN) are based on estimates of the funding needed to maintain the network made by the LEARN board, which is composed of representatives of the law enforcement jurisdictions in the regions.

PROPOSED MOTION: The Northwest Regional Council approves the submittal of requests for the attached amounts for fees and contributions to member counties for 2020.

#### ISLAND COUNTY

#### NWRC LOCAL FUNDING REQUEST BUDGET NARRATIVE - 2020

## I. NW LEARN PROGRAM MAINTENANCE AND OPERATIONS - \$ 7,720

The maintenance and operation for the Law Enforcement Area Radio Network System is shared by all jurisdictions in the four Northwest Counties. The LEARN Program Maintenance and Operations budget allocates costs for mountain top repeater sites to actual users. Island County no longer participates in the radio maintenance and repair contract, as the county has in house technicians. Island County also shares the site rent of two repeater sites with other counties. This 2020 request is based on the NW LEARN Board projection of their needs for the coming year and includes a slight increase of \$52 from \$7,668 for 2019 due to a site rent increase on Mount Constitution. Island County's balance for contingencies is \$43,122 (as of 4/30/19).

## II. NWRC AGENCY MATCH - \$19,925

The Northwest Regional Council receives more than eighteen million dollars in funds for many types of programs for seniors and people with disabilities in our area. NWRC is required to match parts of those funds with locally generated cash. The dollars from your county are pooled with funds from the other member counties and constitute part of the required match.

Overall, and for your member county this local match request is the same as in prior years. Your contribution is based on guidelines in the Interlocal Agreement which state that "All members of the NWRC shall pay contributions ......based proportionally on a formula to include population of the member counties."

This local funding will be integrated into NWRC work programs, objectives, and budget for 2020 for the stated purposes, subject to review by staff, various advisory committees/boards and by the Northwest Regional Council Governing Board. Northwest Regional Council members from Island County are Commissioners Helen Price Johnson and Jill Johnson.

#### **SAN JUAN COUNTY**

### **NWRC LOCAL FUNDING REQUEST BUDGET NARRATIVE - 2020**

## I. NW LEARN PROGRAM MAINTENANCE AND OPERATIONS - \$ 7,036

The maintenance and operation for the Law Enforcement Area Radio Network System is shared by all jurisdictions in the four Northwest Counties. The LEARN Program Maintenance and Operations budget allocates costs for mountain top repeater sites to actual users. Radio maintenance costs are invoiced to each department based upon actual time and materials charges. This 2020 request is based on the LEARN Board projection of their needs for the coming year is a slight increase of \$155 from the \$6,881 requested in 2019 due to a site rent increase on Mount Constitution. San Juan County's balance for contingencies is \$40,873 (as of 4/30/19).

## II. NWRC AGENCY MATCH - \$ 3,965

The Northwest Regional Council receives more than eighteen million dollars in funds for many types of programs for seniors and people with disabilities in our area. NWRC is required to match parts of those funds with locally generated cash. The dollars from your county are pooled with funds from the other member counties and constitute part of the required match.

Overall, and for your member county this local match request is the same as in prior years. Your contribution is based on guidelines in the Interlocal Agreement which state that "All members of the NWRC shall pay contributions ......based proportionally on a formula to include population of the member counties."

This local funding will be integrated into NWRC work programs, objectives, and budget for 2020 for the stated purposes, subject to review by staff, various advisory committees/boards and by the Northwest Regional Council Governing Board. Northwest Regional Council members from San Juan County are Councilmen Jamie Stephens and Rick Hughes.

#### SKAGIT COUNTY

#### NWRC LOCAL FUNDING REQUEST BUDGET NARRATIVE - 2020

# I. NW LEARN PROGRAM MAINTENANCE AND OPERATIONS - \$ 26,940

The maintenance and operation for the Law Enforcement Area Radio Network System is shared by all jurisdictions in the four Northwest Counties. The LEARN Program Maintenance and Operations budget allocates costs for mountain top repeater sites to actual users. Radio maintenance costs are invoiced to each department based upon actual time and materials charges. This 2019 request is based on the LEARN Board projection of their needs for the coming year is a slight increase of \$642 from the \$26,298 requested in 2019 due to repeater site rent increases. Skagit County's balance for contingencies is \$24,300 (as of 4/30/19).

## II. NWRC AGENCY MATCH - \$ 28,746

The Northwest Regional Council receives more than eighteen million dollars in funds for many types of programs for seniors and people with disabilities in our area. NWRC is required to match parts of those funds with locally generated cash. The dollars from your county are pooled with funds from the other member counties and constitute part of the required match.

Overall, and for your member county this local match request is the same as in prior years. Your contribution is based on guidelines in the Interlocal Agreement which state that "All members of the NWRC shall pay contributions ......based proportionally on a formula to include population of the member counties."

This local funding will be integrated into NWRC work programs, objectives, and budget for 2020 for the stated purposes, subject to review by staff, various advisory committees/boards and by the Northwest Regional Council Governing Board. Northwest Regional Council members from Skagit County are Commissioners Ron Wesen and Lisa Janicki.

#### WHATCOM COUNTY

## **NWRC LOCAL FUNDING REQUEST BUDGET NARRATIVE - 2020**

## I. NW LEARN PROGRAM MAINTENANCE AND OPERATIONS - \$33,196

The maintenance and operation for the Law Enforcement Area Radio Network System is shared by all jurisdictions in the four Northwest Counties. The LEARN Program Maintenance and Operations budget allocates costs for mountain top repeater sites to actual users. Radio maintenance costs are invoiced to each department based upon actual time and materials charges. This 2020 request is based on the NW LEARN Board projection of their needs for the coming year and includes a slight increase of \$103 from \$33,093 for 2019 due to repeater site rent increases. Whatcom County's balance for contingencies is \$65,495 (as of 4/30/19).

## II. NWRC AGENCY MATCH - \$46,492

The Northwest Regional Council receives more than eighteen million dollars in funds for many types of programs for seniors and people with disabilities in our area. NWRC is required to match parts of those funds with locally generated cash. The dollars from your county are pooled with funds from the other member counties and constitute part of the required match.

Overall, and for your member county this local match request is the same as in prior years. Your contribution is based on guidelines in the Interlocal Agreement which state that "All members of the NWRC shall pay contributions ......based proportionally on a formula to include population of the member counties."

## III. SENIOR NUTRITION PROGRAM - \$60,000

This portion of the request is the same as in 2019. Northwest Regional Council integrates the funds with existing service delivery contracts with Whatcom County Council on Aging to provide Whatcom County residents with Home Delivered Meals Services.

This local funding will be integrated into NWRC work programs, objectives, and budget for 2020 for the stated purposes, subject to review by staff, various advisory committees/boards and by the Northwest Regional Council Governing Board. Northwest Regional Council members from Whatcom County are County Executive Jack Louws and County Council Member Carol Frazey.