

**Northwest Senior Services Board  
September 13, 2022  
1:00 pm – 3:30 pm  
Virtual Meeting**

Join Zoom Meeting

<https://us06web.zoom.us/j/81919888762?pwd=NIVGa25Hd3VYbU9nSkJ5c3g3bDJSQT09>

Meeting ID: 819 1988 8762

Passcode: 332247

One tap mobile

+12532158782,81919888762# US (Tacoma)

**AGENDA**

<b>Agenda Topic</b>	<b>Action Required</b>	<b>Time</b>
<b>1. Call to Order</b> Barbara Pesola, Chair <ul style="list-style-type: none"><li>• Introduction of guests</li><li>• Roll call</li><li>• Review of July minutes</li><li>• Announcements</li><li>• Public Comment</li></ul>	<b>Motion</b>	<b>1:00 – 1:05 pm</b>
<b>2. Executive Director Updates</b> <ul style="list-style-type: none"><li>• Agency Updates</li><li>• Legislative Updates – Advocacy for next session</li><li>• 2023 Budget</li><li>• Statewide Advisory Council Meeting – October 19, 2022</li></ul>	<b>Information</b>	<b>1:05 – 1:30 pm</b>
<b>3. NWSSB Committees</b> Breakout Discussions	<b>Discussion</b>	<b>1:30 – 2:15 pm</b>
<b>4. Break</b>		<b>2:15 – 2:30 pm</b>
<b>5. Presentation from Cameron Akita</b>	<b>Information</b>	<b>2:30 – 3:00 pm</b>
<b>6. State Council on Aging Update (SCOA)</b>	<b>Information</b>	<b>3:00 – 3:05- pm</b>
<b>7. Updates from our Communities</b>	<b>Information</b>	<b>3:05 – 3:15 pm</b>
<b>8. Adjourn</b>	<b>Motion</b>	

**Upcoming Northwest Senior Services Board Meetings and Events:**

November 8, 2022	Regular Meeting	TBD
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**Upcoming Northwest Regional Council Meetings:**

December 8, 2022	Governing Board Meeting	TBD
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*Anyone needing special accommodations to participate in a meeting should contact NWRC at least 48 hours in advance of the scheduled meeting.*

For more information, please contact the NWRC office at (360) 676-6749 or 1-800-585-6749, 600 Lakeway Drive, Bellingham, WA 98225.
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## **Northwest Senior Services Board Meeting Minutes**

**July 12, 2022**

**Members Present In-Person:** None

**Members Present via Zoom or Telephonically:** Carl Bender, Shirley Bennett, Jana Finkbonner, Shirley Forslof, Wendy Gilbert, Alberta Horn, Mary Kanter, Kathleen O'Connor, Barb Pesola, Jodi Sipes, Marshall Gartenlaub, George Edward, Georgiann Dustin, Jennifer Lautenbach

**Members Absent:** Denise Irey, Bob Monize, Doug Cornelsen, Stephen Shubert

**Staff Present Zoom or Telephonically:** Bethany Chamberlin, Elizabeth Anderson, Ryan Blackwell, Darla Smith, Jeri Johansen

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### **Call to Order (Barb Pesola) at 1:02 PM**

Zoom Meeting Reminders

Guests: Mike Tornquist, Informal Dispute Resolution Unit Manager, Residential Care Services (DSHS)

Roll Call

### **Review of March Minutes:**

Motion put forward by the Board President, Barb Pesola to accept the minutes from the May 10, 2022, meeting.

Motion was made to approve the May 10, 2022, meeting minutes by:

Marshall Gartenlaub      Seconded: Shirley Forslof      Result: Approved

**Announcements:** Barb Pesola informed the Board of the passing of Anna Ankrum on May 2, 2022.

Elizabeth Anderson introduced Bethany Chamberlin, who will be taking over the Planner position that Elizabeth recently promoted out from.

**Public Comment:** None

### **Updates from Our Communities**

Blaine, Bellingham, and Orcas Island are hosting congregate meals ranging from one day a week to three days a week, plus five days of take-home meals.

Senior Day in the Park will be on August 3<sup>rd</sup> at Hovander Park in Ferndale. Shuttle services will be available, with prior scheduling, from many of the Senior Centers.

### **NWSSB Committees**

Breakout Discussions

## **Agency & Legislative Update**

Ryan Blackwell & Elizabeth Anderson

Ryan informed the Board Members that Amanda McDade was currently at the U.S. Aging Conference. Ryan reviewed some of the new NWRC website features, including the ability to join meetings easily, view minutes, as well as upcoming meeting dates. Board members found the website easy to navigate, that it conveys very well who we are and, what we do. A request was made to add information for seniors who do not fit the eligibility criteria for Medicaid. Improvements such as a Program or Resources tree were suggested.

- **Agency / COVID**  
Staff are returning to the office on a hybrid basis working two days in office and three days remotely. Some staff continue to work in-office, only, as required by the nature of their position. Community Programs staff are beginning to make appearances at in-person events. They will be at the Senior Day in the Park and recently staffed the Lummi Elders Luncheon. Home visits are occurring with staff being provided kits containing PPE and other items for the protection of staff and customers. New employees are required to be vaccinated.
- **Legislative & Advocacy**  
The Legislative Priorities Memorandum for the 2023 Session was reviewed with the Board including maintenance level funding to sustain a 75:1 caseload ratio and, expansion of the Hospital Care Transitions program.

## **State Council on Aging Update (SCOA)**

Georgiann Dustin

Currently in the election process. The next meeting will be in September. Georgiann shared a wonderful presentation on how the State Council on Aging came together and will send it to Ryan for possible viewing by NWSSB members. Georgiann has been appointed to DAC (Dementia Advocacy Council).

## **Informal Dispute Resolution Panel**

Mike Tornquist - Informal Dispute Resolution Unit Manager – Residential Care Services (DSHS)

Presentation by Mike Tornquist on Informal Dispute Resolution. This is a voluntary three-person panel responsible for reviewing appeals to citations issued by DSHS to facilities caring for elderly. Information on the panel and how to apply to be a volunteer was included in the NWSSB Advanced Meeting Materials.

## **Adjourn:**

Barb Pesola: Motion put forward that there being no further business this meeting is adjourned.

Motion made by: Marshall Gartenlaub

Seconded: Jodi Sipes

Result: Approved

**The meeting adjourned at 3:10 pm**

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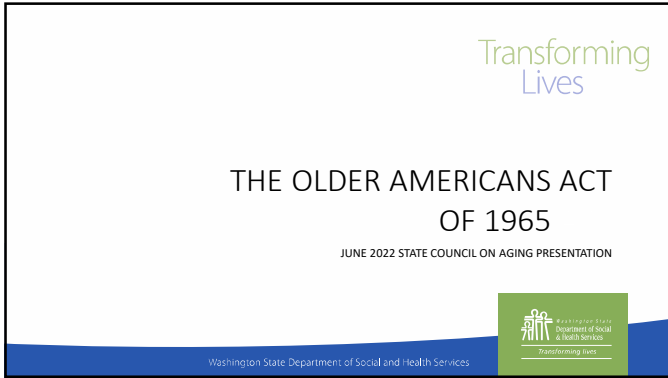
Jeri Johansen, Administrative Assistant

Reviewed and approved by the Northwest Senior Services Board at the September 13, 2022, meeting.

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Barbara Pesola, NWSSB Chair





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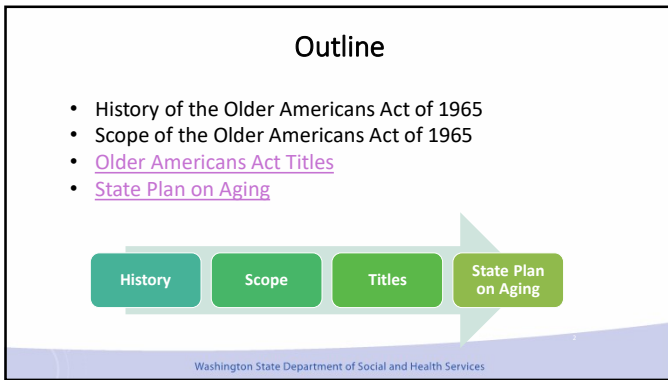
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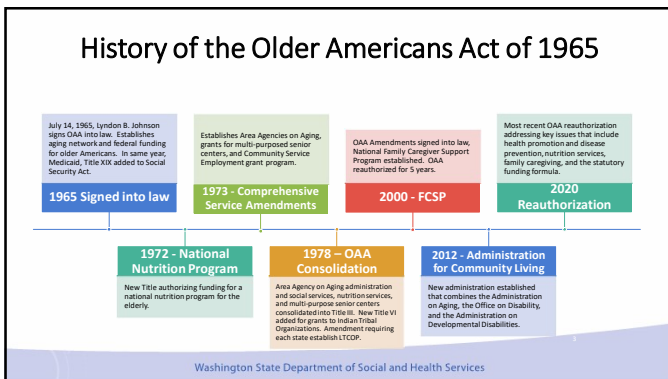
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## Scope of the Older Americans Act of 1965

- Establish framework for National Aging Network
- Help older adults maintain maximum independence in their homes and communities
- Establish authority for grants to states for community planning and social services
- Authorized by Congress and reauthorized periodically



Washington State Department of Social and Health Services

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### Title I



Declaration of Objectives

### Title II



Est. of Admin. on Aging...

### Title III



Grants for State and Comm. Prog. on Aging

### Title IV



Activities for Health, Independence & Longevity

### Title V



Community Service Senior Opp. Act

### Title VI



Grants for service for Native Americans

### Title VII



Vulnerable Elder Rights Protection Activities

### Title VIII



1.1 % of Appropriations

### Title IX



2.2 % of Appropriations

### Title X



19 % of Appropriations

## Older Americans Act Titles

Washington State Department of Social and Health Services

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## Core Programs



State Council on Aging & State Plan on Aging

Washington State Department of Social and Health Services

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### State Plan on Aging

- Section 307 of OAA outlines State Plan requirements

Document

Translate

Provide a Blueprint

Build Capacity

- Needs assessment
- Address ACL's priority issues
- Includes Washington's Intrastate Funding Formula
- Review and approval by SCOA

Washington State Department of Social and Health Services

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Transforming Lives

Questions?

Thank you!

**Cameron Akita**, Program Manager, State Unit on Aging  
Aging and Long-Term Support Administration  
Washington State Department of Social and Health Services  
360-725-2466 [cameron.akita@dshs.wa.gov](mailto:cameron.akita@dshs.wa.gov)



Washington State  
Department of Social  
& Health Services  
Transforming Lives

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