

Northwest Senior Services Board Meeting Minutes

January 10, 2023

Members Present and via Zoom or Telephonically: Shirley Bennett, Doug Cornelsen, George Edward, Jana Finkbonner, Shirley Forslof, Marshall Gartenlaub, Wendy Gilbert, Denise Irely, Mary Kanter, Bob Monize, Kathleen O'Connor, Barb Pesola, Jodi Sipes, Mike Shaw, Alberta Horn

Members Absent: Carl Bender, Georgiann Dustin, Jennifer Lautenbach, Stephen Shubert

Staff Present: Amanda McDade, Bethany Chamberlin, Ryan Blackwell, Darla Smith, Jeri Johansen

Guest: None.

Call to Order (Barb Pesola) at 1:00 PM

Review of November Minutes:

Motion put forward by the Board President, Barb Pesola to accept the minutes from the November 8, 2022, meeting.

Motion was made to approve the November 8, 2022, meeting minutes by Bob Monize, and seconded by Wendy Gilbert. **Motion Passed.**

Announcements: Kathleen O'Conner will be moving out of her district and will need to resign.

Executive Director Updates

Amanda McDade, Executive Direction

- Agency Updates – NWRC currently has one open position. Amanda McDade provided an overview of NWRC programs. The Board requested a copy of the overview be emailed out to members.
- Legislative Update – Health Homes and Case Management funding continue to be our focus and the attention to both will be our intention at the W4A Advocacy Days.

NWSSB Committees-W4A Advocacy Days

Olympia, January 2023.

W4A is scheduled for in-person meetings January 31st through February 1st. Bethany Chamberlin will be sending out a formal invitation via email for attendance. Appointments are currently scheduled with Senator Ron Muzzall, Representative Debra Lekanoff, Representative Alex Ramel, and Representative Sharon Shewmake. The Board requested that we reach and try to meet with Representative Clyde Shavers. Packets will be provided with the schedule of meetings, reimbursement forms, a map of the Capitol and more.

A preliminary show of hands indicated that Bob Monize, Barbara Pesola, Jodi Sipes, Shirley Forsloff, and Mary Kanter will attend. It is requested that responses to the invitation to attend W4A, be provided by Members no later than Friday, January 27th.

State Council on Aging Update (SCOA)

There was no update for this meeting.

Updates from Our Communities

Senior Centers News:

- **Bellingham Senior Center** –Peace Health will be providing an Advanced Care Planning Workshop February 3rd, 10:00 – 11:30 am. Interested parties can register at the front desk.
- **Island County** - Is implementing a Fall Risk Reduction Program.
- **Orcas Senior Center** – The transition to a new non-profit, Friends of Orcas Senior Center, has gone smoothly and appears to be a good thing, bringing with it flexibility and stability.

Adjourn:

A motion was made to adjourn by Bob Monize and seconded by Marshall Gartenlaub. **Motion passed.**

The meeting adjourned at 2:01 PM

Reviewed and approved by the Northwest Senior Services Board at the March 14, 2023, meeting.

DocuSigned by:

Barbara Pesola

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Barbara Pesola, NWSSB Chair