

Northwest Senior Services Board

March 11, 2025

1:00 pm – 3:30 pm

Hybrid Meeting

In-Person

Mount Vernon NWRC Office
301 Valley Mall Way, Suite 100
Mount Vernon, WA
(360) 676-6749

[Join Zoom Meeting](#)

Meeting ID: 814 4973 0953

Passcode: 522849

One tap mobile

+12532158782, 81449730953# US (Tacoma)

AGENDA

Agenda Topic	Action Required	Time
1. Call to Order Chair- <ul style="list-style-type: none">• Introduction of guests• Roll call• Review of January minutes• Announcements• Public Comment	Motion	1:00 pm – 1:10 pm
2. Dementia Program Updates -Maintain Your Brain Presented by Bethany Chamberlin	Information	1:10 pm – 1:25 pm
3. Caregiver Outreach Update Presented by Bethany Chamberlin	Information	1:25 pm – 1:55 pm
4. Transition to Teams Presented by Darla Smith	Information	1:55 pm – 2:00 pm
5. Break		2:00 pm – 2:15 pm
6. Legislative Updates <ul style="list-style-type: none">- Legislative Activity- Community Conversations Presented by Amanda McDade and Bethany Chamberlin	Discussion	2:15 pm – 2:45 pm
7. State Council on Aging Update (SCOA)	Information	2:45 pm – 3:00 pm
8. Updates from our Communities	Information	3:00 pm – 3:30 pm
9. Adjourn	Motion	

****Upcoming 2025 Meetings:**

- **May 13, 2025**

- **July 8, 2025**
- **September 9, 2025**
- **November 18, 2025**

Anyone needing special accommodations to participate in a meeting should contact NWRC at least 48 hours in advance of the scheduled meeting.

For more information, please contact the NWRC office at (360) 676-6749
600 Lakeway Drive, Bellingham, WA 98225